

# The Knightly News

Knights of Columbus  
St. Michael's Council  
#11632

15546 Pomerado Road  
Poway, CA 92064

Council web page:

<http://www.kc11632.com>

**The Knightly News**  
**Division 5 January 2004**

## COUNSEL FROM OUR CHAPLAIN



### **HAPPY NEW YEAR!**

As we begin 2004, we do so in a spirit of gratitude and joy. We look forward to the ways that growth for our Council can be attained. New members are being added and we are grateful to those who have encouraged participation.

As we look to the immediate months of January and February, I encourage you to think - **RETREATS!!** We will be offering two retreats - one for men and one for women, that will be excellent growth for every knight and his wife. The weekends are as follows:

**Men's Retreat** - Friday, February 27th - 7:00 p.m. through Saturday, February 28th - 7:00 p.m.

**Women's Retreat** - Friday, March 5th - 7:00 p.m. through Saturday, March 6th - 7:00 p.m.

**Where:** St. Michael's Parish Center

**Cost:** \$20

**Theme:** "Conversion and the Saints"

Watch the bulletin for details about registration and the format. Also, **ask Dennis Bammann** since he is on the Retreat Team.

Hoping to see you on the retreat and praying for your happy new year.

*God's blessings,  
Msgr. Neal*

## A MINUTE WITH THE MEMBERSHIP DIRECTOR

During December we held our annual Knights out for Pizza and a corporate Communion followed by a breakfast. Both were lightly attended. We had a recent transfer and an interested candidate attend. It would have been nice to see more of you there. Family is paramount in the Knights of Columbus. In fact, it's almost one big family - husbands, wives, children, widows, college students and religious. All K of C programs allow families to work together, involving everyone, to aid their Church, their community and one another.

Our council provides a wide variety of opportunities for family involvement. Picnics, the MR Drive, parties, Communion breakfasts, social outings, blood drives, and parish pancake breakfasts and more. They all revolve around the family, and the warmth and joy that come with being an integral part of it. Shouldn't you share this experience with a friend?

Our crack First-Degree Team held six First Degrees during the first half of the Columbian year bringing in 28 new knights. While only six were for our council. The other 22 came from council throughout the Diocese, including Ramona, Lakeside and

Valley Center. On December 15 they brought in eleven candidates including three for our council. Welcome to **Ed Gomez**, **Matt McManus** and **Patrick Norris**.

Once again, I remind you to introduce yourself to those new faces at our Council meeting and functions. Weather a new knight or a recent transferee let them feel welcome. Be sure to meet **Brett Sturken**. He showed up early to assist with the pancake breakfast and stayed until the final cleanup was complete. He did the work of at least three knights that must have had other commitments.

Also, please continue to donate the Columbia Magazine when you finished reading them, give them to me at our next meeting. They are great recruiting tools and I would like to pass them out at our next recruitment drive.

**One last thing. Please, please recruit a new member.**

*John Giltner, PGK*

## PROGRAMS

### **ALTAR SERVER DINNER**

On Sunday, December 14, 2003, about 60 out of 75 altar servers attended the fantastic Pasta Dinner put on by the Knights of Columbus, St. Michael's Council 11632. Brother Bob Pratt and his son Debin cooked three kinds of pasta, two sauces and two truly unbelievable desserts. They also prepared two choices of salad. They both worked tirelessly on Saturday afternoon and Sunday to bring the event together. Dennis Bammann, Terry Ford and John and Linda Giltner helped with the set up, serving and clean up. The altar servers seemed to have enjoyed the meal. Several came back for seconds. More came back for the delicious garlic bread.

Our Deputy Grand Knight, Dennis Bammann and Altar Server Director and Brother Knight, Dennis Sullivan along with our Council Chaplain Monsignor Neal Dolan presented Knight's of Columbus Certificates of Appreciation to each server.

This was followed by a gift exchange. Lots of laughter and screaming and fun was had by all.

*John Giltner, PGK*

### **November Knight of the Month**

November's Knight of the month is a Second Degree Knight just about one year in the Order. He helped with the blood drive - pancake breakfast, the golf tournament and spent more time in front of stores during the Fund Drive to Help People With Mental Retardation than anyone in the council.

Edward Profanick is a regular participant at council projects and social events and is a great contributor to our council. That is why he has been chosen as November's Knight of the month

*Dennis Bammann, DGK  
Program Director*

### Wellness in The New Year!

Dear Brother Knights,

January of each year traditionally calls for us to consider resolutions to improve our lives over the past year (or years). We as Knights are especially called upon to strive to make spiritual resolutions through such vehicles as parish retreats. (Please see Chaplain Monsignor Dolan's article in this issue pertaining specifically to upcoming spiritual retreat opportunities in February).

That in mind, It occurred to me that a reprint of a letter sometime back from "*Dear Abby*" might be a good source of encouragement for some brothers looking for some inspiration to finally carry out their likely off' repeated resolutions to 'breathe a breath of fresh air' into their "Temples of the Holy Spirit".

So, for what it's worth, here it is . . .

"The American Cancer Society informs us that when smokers quit, the

benefits begin immediately. Twenty minutes after the last cigarette, blood pressure drops to a level close to that before the last cigarette. Eight hours after quitting, carbon monoxide levels in the blood drop to normal. Twenty-four hours later, the chance of heart attack decreases.

After one to nine months, coughing, sinus congestion, fatigue, and shortness of breath decrease, and cilia regain normal function in the lungs, increasing the ability to handle mucus, clean the lungs and reduce infection. One year later, excess risk of coronary heart disease is half that of a smoker's.

After five years, stroke risk is reduced to that of a non-smoker. After 10 years, the lung cancer fatality rate is about half that of a smoker's, and the risk of oral, throat, esophageal, bladder, kidney and pancreatic cancer also decreases. Fifteen years after quitting, the risk of coronary heart disease is the same as that of a nonsmoker's.

Aren't those all terrific incentives to quit today?"

### **For Life!**

***Hugh Largey, PGK  
Council Pro-Life Chairman***

### **December Pizza Dinner**

December 6<sup>th</sup> we had our annual family Pizza Dinner at Graziano's Pizza. And while the turnout was not as expected a great time was had by those who attended. I believe I made a mistake in moving it to a Friday night as that ran into a number of other Christmas functions. So in the future we will try to move it back to Wednesday evening.

### **December Pancake Breakfast**

The monthly Pancake Breakfast for December was hosted by our Knights on the 7<sup>th</sup> and what a wonderful time. Not only did it help the coffers of our council which will directly support our numerous Parish programs, it was a chance to both serve and get to know our fellow Parishioners better.

I seem to have misplaced my list of

volunteers so I can't name all of you specifically but as usual the Knights did themselves proud with all the volunteer effort. However, while every Knight's efforts are greatly appreciated, it seems that every function has one or two real standouts that perform way above and beyond. As mentioned earlier, that individual this time was Brett Sturken. Thanks again, Brett, and to all of you who worked so hard.

***Vern Snyder, SK  
Community Chairman***

### **Community Relations**

When I first joined this Council and volunteered to be the Community Chairman I understood the duties of the position to be to get my fellow Knights involved in various Community projects, programs, events, etc. While I still believe that is true I've learned an important lesson. Many of you are already involved in these things. So what I would like to do is to publicize in the newsletter the many and various ways you are already active in the community along with the invitation for fellow Knights join you. That will multiply the efforts of those Knights already involved along with providing a presence for both the Council and St. Michael's Parish.

For instance, when Michael Burr was performing with the local theater, we could have had a group of Knights support him (in the audience; not on stage.) When I planted trees with the local Councilman, other Knights could have donated their "green thumbs". These are just a couple of examples but I hope you get the idea.

So starting in February if you are involved in anything in the local community or know someone who is, please get it to me prior to the newsletter deadline of the Saturday following the Council Business Meeting which is always the 3<sup>rd</sup> Wednesday of the month (See the attached calendar.)

***Vern Snyder, SK  
Community Chairman***

## **Practicing Our Faith**

I just spent a weekend with a long time friend in Tucson, Arizona. Our usual routine whenever I visit this friend is to have breakfast with him at his favorite little café the morning we leave town. It's one of those places where he is known so well that he doesn't even have to order, they just know what he wants when he walks in.

This particular morning he mentioned something he started doing there some months ago that gives him great enjoyment. About once a month he looks around the café, picks out an individual or couple that may not be blessed with the means that he has and instructs the waitress to bring him their tab which he then pays.

He said he's gotten many "Thank You"s and a number of hugs. He even got a surprise when he found out one elderly couple had also ordered lunch on the same tab for themselves and several family members. But, true to his word, he paid it anyway.

I know this person very well and I know he doesn't do it for the glory and probably not entirely for the hugs although I've never known him to turn one down. He does it because he feels he has been blessed in some ways with more than others and wants to share some of his blessing.

Think of what would happen if we all started doing that in our everyday lives. I know we all contribute to our Parish and pay our dues to the Knights. But how often do we just look around, see a way to make someone's world a little brighter and then make the effort to do so? What a difference we could make in our community. Our City. Our State. Our world.

***Vern Snyder, SK  
Community Chairman***

## **For insurance needs contact:**

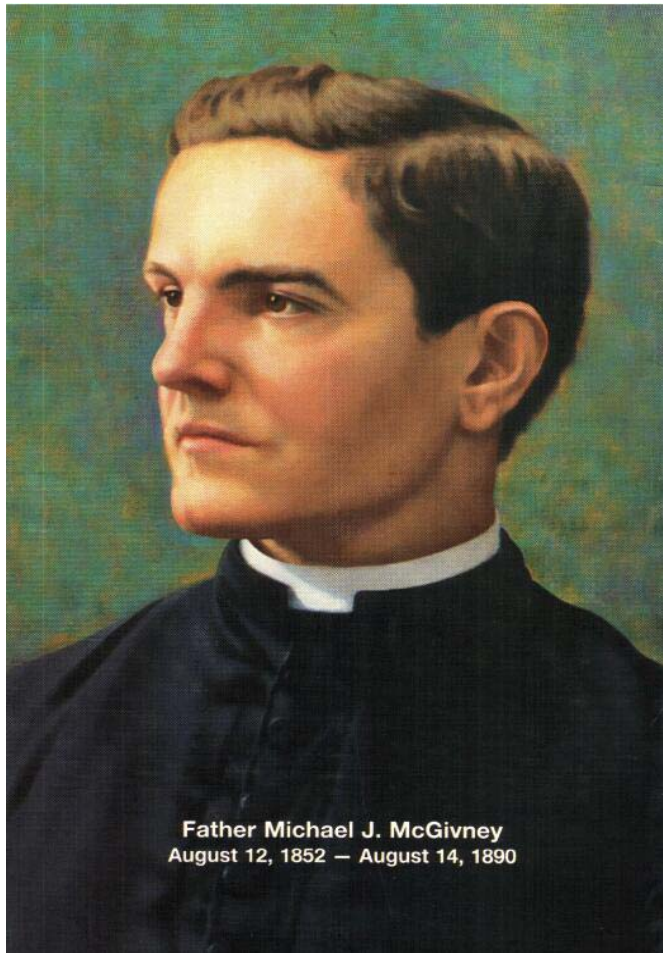


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## **OUR FOUNDER**

In April of 1882, Father McGivney, with the permission of Bishop McMahan, wrote to all the pastors of the Diocese of Hartford. The Order's primary objective, he wrote, was to dissuade Catholics from joining secret societies by providing them better advantages at times of death or sickness. He urged each pastor to exert influence "in the formation of a Council in your parish." Father McGivney personally installed the first officers of San Salvador Council No. 1 in New Haven, in May of 1882.

By May 1883, Council No. 2 had been instituted in Meriden, Connecticut and Bishop McMahan, so impressed with the organization became himself a member of Council No. 11 in 1884, and served it as council chaplain. By the end of 1885, there were 31 councils in Connecticut.

Father McGivney's dedication to the Order was evidenced in trips he made to all

parts of Connecticut and in handwritten correspondence---little of which survives---about K of C business. At St. Mary's, despite all this, he remained the energetic curate with constant concern for every parishioner's problems.

Then in November of 1884, he was named pastor of St. Thomas' Church in Thomaston, Connecticut, a factory town 10 miles from his hometown. It was a factory parish, heavily in debt, serving working-class parishioners with few resources beyond their faith. With prayerful acceptance, Father McGivney put his seven years at St. Mary's behind him.

His New Haven parishioners, in a testimonial resolution elaborately superimposed on the drawing of a chalice and host, declared that despite burdens and afflictions, his courtesy, his kindness and the purity of his life had "secured the love and confidence of the people of St. Mary's, which will follow him in every future field of labor."

In six subsequent years at St. Thomas', he wrestled with the church debt and built the same close ties of devotion and charitable concern he had developed in New Haven. He continued, as well, to serve as supreme chaplain, personally involved in helping the Order to extend its membership into Rhode Island. Later, from 1901 to 1939, his younger brothers, Msgrs. Patrick and John J. McGivney, served the Order as supreme chaplains.

From "*The Life and Legacy of Father Michael J. McGivney*"

# JAN 2004

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 First Friday	3
4	5 Color Corps Parctice 7 P.M. Parish Hall	6	7 Council Meeting 7:30 P.M. Knights Room	8	9	10
11	12 First Degree 7:00 (6:30 Reg.) <hr/> Knight's Room Color Corps Parctice 7 P.M. Parish Hall	13 Assembly Meeting, San Rafael's,	14	15 Second Degree 7:00 (6:30 Reg.)	16	17 Fr Joseph T. O'Callahan Assembly Kickoff Dinner, St. Gabriel Parish, 6 PM Cocktails, 7 PM Dinner
18	19 Color Corps Parctice 7 P.M. Parish Hall	20	21 Officer's Meeting 7:30 P.M., Knight's Room	22	23	24 <b>** Newsletter Articles Due **</b> <hr/> State Deputy Testimonial Dinner
25	26 Color Corps Parctice 7 P.M. Parish Hall	27	28	29	30	31

Supreme Knight Carl Anderson  
 State Deputy William Przybyla  
 Chapter President Larry Campitiello  
 District Deputy John Giltner  
 Insurance Agent Jason Ward

Church Activities Phil Sibayan  
 Columbian Michael Galasso  
 Retirement Home John Pumper  
 Council Activities Ken Herbenar  
 Council Admissions Jack O'Rourke  
 Committee  
 Council Directory Dieter Kemp

**COUNCIL OFFICERS**

Grand Knight Jack O'Rourke  
 Chaplain Msgr. Neal Dolan  
 Deputy Grand Knight Dennis Bammann  
 Financial Secretary Dieter Kemp  
 Chancellor Robert Ippolito  
 Recorder Mark Evangelista  
 Treasurer Ben Polis  
 Advocate Michael Burr, PGK  
 Warden Vern Snyder  
 Inner Guard Kevin Basarab  
 Outer Guard Tom Drzewiecki  
 Trustee, 1<sup>st</sup> Year Michael Galasso, PGK  
 Trustee, 2<sup>nd</sup> Year Nick Herbka, PGK  
 Trustee, 3<sup>rd</sup> Year Hugh Largey, PGK  
 Lecturer Michael Burr, PGK

Council Yearbook OPEN  
 Electro- Sam Miller  
 Communications  
 Entertainment Books Hugh Largey  
 Community Activities Vern Snyder  
 Family Activities Nick Herbka  
 Golf Committee Terry Ford  
 Golf Committee Skip Sharp  
 Membership Director John Giltner  
 MR Drive Peter Bagood  
 Newsletter Editor Vern Snyder  
 Pancake Breakfast Vern Snyder  
 Photographer Bruce Koepke  
 Photographer Sal Cafiero  
 Pro Life Activities Hugh Largey  
 Program Director Dennis Bammann  
 Public Relations Bruce Koepke  
 Vocations Committee Ron Goins  
 Web Master Greg Koepke  
 Youth Activities Kevin Basarab

**COMMITTEE DIRECTORS AND CHAIRMEN**

Blood Drive Mike Dunalp  
 Christmas Card Drive Dieter Kemp